

Trim line

Inside

Name: _____

Emergency Contact: _____

Relationship: _____ Phone: _____

NMOSD Specialist: _____

Email: _____

Phone: _____ Immunocompromised: Y N

Other Health Conditions: _____

Current medicines taking: _____

Medicines I cannot take: _____

Allergies: _____

Other important information: _____

1. Ajmera MR, Boscoe A, Mauskopf J, Candrilli SD, Levy M. Evaluation of comorbidities and health care resource use among patients with highly active neuromyelitis optica. *J Neurol Sci.* 2018;384:96-103.

NMOSD is a rare, lifelong autoimmune disease that attacks the central nervous system. Attacks can cause serious symptoms, including but not limited to blindness, paralysis and pain, leading to permanent disability. Quick intervention is imperative in cases of emergency. Please scan the QR code for more information about NMOSD and contact my specialist immediately if this is an emergency.

I HAVE NEUROMYELITIS OPTICA SPECTRUM DISORDER (NMOSD)

**LEARN MORE
ABOUT NMOSD:**



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